

TEACHER GUIDE

Topic	Tolerance and Temperance
Length	2 Class Periods (extended activity 2-3 days)
Goal	<p>Goal for the teacher:</p> <ol style="list-style-type: none"> 1. Investigating the school culture and its language. Interpret how bias and speech can be hurtful. 2. Work together to develop a project that will have a positive impact on the world/community.
Activities/ Procedures	<ol style="list-style-type: none"> 1. Day 1: Have the students read and annotate individually or as a group “Understand the courage and character needed to take a stand” and watch the YouTube video: https://youtu.be/9uHeCzSM_PI <ol style="list-style-type: none"> a. Have students answer questions on the handout. 2. Front load: Direct students to listen carefully to the language around them by adults and students. Create a chart (use the handout) to tally types of remarks students have. Discuss and identify how students could keep track of comments if they do not have the chart with them. <ol style="list-style-type: none"> 1. Day 2: Write down a couple of the biased statements you overheard. Discuss how you felt before, during and after doing the assignment. Also answer this question: Was any of the biased speech your own? <ol style="list-style-type: none"> a. Have students get into groups of 3-5 students and have them tally the total numbers of comments made, and then as a class determine the total as a class. b. Have the group discuss the results and come up with ways to stop biased speech and fill out the questions on the handout. <p>Bonus activity: Become aware of people who take stand:</p> <ol style="list-style-type: none"> 1. Have students read 2-3 of the giraffe hero’s project examples. From there have them collaborate and as an individual, group or class come up with ideas of how you can positive impact the culture and language of you school, community or world.
Lesson 1	
Lesson 2	<ol style="list-style-type: none"> 1. Activity 1: Learning the Facts 2. Ask Students <ol style="list-style-type: none"> a. “How many of you have been sick I the last year?”, How were you sick? How long were you sick? What did you do when you were sick to feel better? Take 3-5 responses. Reinforce: They are describing physical symptoms (headache, fever, chills, upset stomach, etc.), sought help from a doctor, took medicine, etc. 3. Student Activity: <ol style="list-style-type: none"> a. Have students get into groups of 3-4 and read Article about mental health and mental illness: LINK b. Each group will be given a white board (or paper to write their answer to the questions: LINK
Reminder	Every week as part of the warm have students fill out their character goal and reflection (no more than a couple of minutes)