

TEACHER GUIDE

Topic	Equity Vs Equality
Length	1-2 days
Goal	<p>Goal for the teacher:</p> <ol style="list-style-type: none"> 1. To help students work through the impacts of meeting people where they are and understanding equity and equality are different. 2. To help students develop an understanding of how Equity impacts mental health. <p>Goal for students:</p> <ol style="list-style-type: none"> 1. For students to work together on understanding and recognizing the role equity plays on mental health.
Activities/ Procedures	<ol style="list-style-type: none"> 1. Have students complete the warmup: what does equity and equality mean to you and provide an example of each. 2. Have students look at the image and either as a whole class or in small groups have them jot down a few things they notice about equity and equality. 3. As a group or in the small groups have students identify examples as either being equality or equitable and if they are only equality determine ways to make it equitable. Have the group share out. 4. Whole class activity: <ol style="list-style-type: none"> a. Have the class answer the questions (on page 2) and then switch their paper with someone in the class. b. Have all the students line up in a row and then ask the questions to the whole class. For each yes on the student's new paper, they take a step forward. c. Once all the questions have been asked, switch back papers and either individually or as a class answer the guiding questions. 5. In small groups have the students go through the "is it better to be fair (equal) or equitable scenarios. 6. Discuss how equity and equality impacts mental health? <p>Homework or extension activity:</p> <ol style="list-style-type: none"> 1. Individually have the students go through the second set of scenarios that are more broad and determine equity or equitable. 2.
Reminder	Every week as part of the warm have students fill out their character goal and reflection (no more than a couple of minutes)